SUNBIRD DISTANCE RUNNING CAMP

TRAIN AT 7000 FEET IN THE SIERRAS WITH EXPERT COACHES!

JULY 13–19, 2025

Camp Keola at Huntington Lake, California

Elite high-altitude camp for high school and college runners. Train at 7,000 feet with expert coaches and build team culture!

Open to all high school runners and incoming college freshmen. Teams welcome (1 free coach per 7 athletes).

WHY JOIN?

- **Train at altitude:** Build endurance on scenic trails.
- **Holistic growth:** Improve fitness, mindset, and nutrition.
- **Fun & community:** Enjoy campfires, team activities, and lake fun!

HOW TO REGISTER?

- Sign up by June 27, 2025 (limited spots available).
- For more info, contact Coach Jacob Resendez at jacob.resendez@fresno.edu or (559) 453-2260.
- Link to website and paying: https://www.fresno.edu/fly-sunbird-distance-running-camp-sierras

$950 PER RUNNER ($850 SIBLING DISCOUNT)