

# Lactation Time

## Student Responsibilities

- Do your best to schedule lactation between class times. However, for long classes or back-to-back schedules, a space and time is available to you. Please discuss in advance with your instructor if you are likely to need time away from class.
- As needed, a nursing mother may leave the classroom for lactation time.
  - There is a lactation room on every campus. Check with front desk staff at regional campuses or with Campus Safety for main campus.
    - Main: Schlicting 112
    - North Fresno: rm 322
    - Visalia: rm 133
    - Merced: bldg. 11
  - Lactation rooms have
    - washrooms nearby
    - lockable doors and window blinds for privacy
    - power supply in the room
    - chair
    - refrigerator nearby or in the room.
- For synchronous, online classes, the student is permitted to turn off computer camera and microphone during this time if preferred.
  - Student will participate as she is able or prefers during this time.
- Student will return to classroom when done.
  - There is no timer set, but the expectation is that the student will return to class as quickly as possible.
  - Leaving campus and not returning to class for any reason will result in an absence being recorded.
- Student is responsible for getting access to missed course content.
  - Ask classmates for copy of notes.
  - Clarify assignments with the instructor.

## Instructor Responsibilities

- Instructor will allow the student to leave the classroom or turn off computer camera and microphone as needed for lactation.
- No penalties will be imposed for the time spent away from the classroom.
- Planned course activities will continue despite the student's temporary absence.



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- Some slight schedule adjustments may need to be made if the student is expected to make a presentation or play a vital role in group activities.
- Any discussions pertaining to temporary absence and schedule adjustments should be conducted individually with a reasonable amount of privacy.

### Things to Keep in Mind

- Children are not permitted in class. Nursing rooms are available on each campus. Please see Student Handbook for more information regarding children on campus: [Student Handbook](#).
- Students who need additional accommodations for medical needs should contact the Disability Access & Education office at [disability.services@fresno.edu](mailto:disability.services@fresno.edu).
- Fresno Pacific University prohibits harassment or other discrimination against students based on their lactation, as a condition related to sex. Harassment or discrimination related to breastfeeding and lactation may be referred to the Title IX Office via [report form](#), [pam.schock@fresno.edu](mailto:pam.schock@fresno.edu), or 559-453-7115 for appropriate action.