

Career readiness is a foundation from which to demonstrate requisite core competencies that broadly prepare the college educated for success in the workplace and lifelong career management.

For new college graduates, career readiness is key to ensuring successful entrance into the workforce. Career readiness is the foundation upon which a successful career is launched.

For higher education, career readiness provides a framework for addressing career-related goals and outcomes of curricular and extracurricular activities, regardless of the student's field of study. For employers, career readiness plays an important role in sourcing talent, providing a means of identifying key skills and abilities across all job functions; similarly, career readiness offers employers a framework for developing talent through internship and other experiential education programs.

The National Association of Colleges & Employers (NACE) has conducted extensive research via input from a broad array of employers, college students and graduates, and college career services personnel. Based on this research, ***NACE defines career readiness as mastery of 8 unique competencies***, each of which can be demonstrated in a variety of ways. The eight competencies are:

Career & Self-Development

Communication

Critical Thinking

Equity & Inclusion

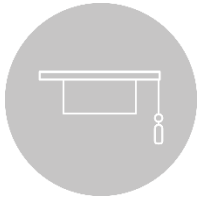
Leadership

Professionalism

Teamwork

Technology

For this self-assessment, review the definition of each of the 8 competencies on the pages that follow, then rate the level at which you feel you are currently demonstrating that competency within the context of your work at your internship or job. Circle or highlight your rating on the 10-point scale for each competency. To provide context for your rating, add a comment or example for each competency within the space provided.



CAREER & SELF-DEVELOPMENT

Proactively develop oneself and one’s career through continual personal and professional learning, awareness of one’s strengths and weaknesses, navigation of career opportunities, and networking to build relationships within and without one’s organization.

Sample Behaviors

- Show an awareness of own strengths and areas for development.
- Identify areas for continual growth while pursuing and applying feedback.
- Develop plans and goals for one’s future career.
- Professionally advocate for oneself and others.
- Display curiosity; seek out opportunities to learn.
- Assume duties or positions that will help one progress professionally.
- Establish, maintain, and/or leverage relationships with people who can help one professionally.
- Seek and embrace development opportunities.
- Voluntarily participate in further education, training, or other events to support one’s career.

Rating: on a scale of 1 to 10, with 1 being “never” and 10 being “always,” circle or highlight the number that represents your rating of how well you demonstrate the “Career & Self-Development” competency.

1 2 3 4 5 6 7 8 9 10

Comments / Examples:



COMMUNICATION

Clearly and effectively exchange information, ideas, facts, and perspectives with persons inside and outside of an organization.

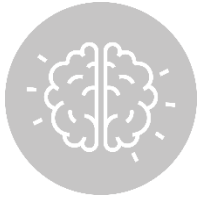
Sample Behaviors

- Understand the importance of and demonstrate verbal, written, and non-verbal/body language, abilities.
- Employ active listening, persuasion, and influencing skills.
- Communicate in a clear and organized manner so that others can effectively understand.
- Frame communication with respect to diversity of learning styles, varied individual communication abilities, and cultural differences.
- Ask appropriate questions for specific information from supervisors, specialists, and others.
- Promptly inform relevant others when needing guidance with assigned tasks.

Rating: on a scale of 1 to 10, with 1 being "never" and 10 being "always," circle or highlight the number that represents your rating of how well you demonstrate the "Communication" competency.

1 2 3 4 5 6 7 8 9 10

Comments / Examples:



CRITICAL THINKING

Identify and respond to needs based upon an understanding of situational context and logical analysis of relevant information.

Sample Behaviors

- Make decisions and solve problems using sound, inclusive reasoning and judgment.
- Gather and analyze information from a diverse set of sources and individuals to fully understand a problem.
- Proactively anticipate needs and prioritize action steps.
- Accurately summarize and interpret data with an awareness of personal biases that may impact outcomes.
- Effectively communicate actions and rationale, recognizing the diverse perspectives and lived experiences of stakeholders.
- Multi-task well in a fast-paced environment.

Rating: on a scale of 1 to 10, with 1 being "never" and 10 being "always," circle or highlight the number that represents your rating of how well you demonstrate the "Critical Thinking" competency.

1 2 3 4 5 6 7 8 9 10

Comments / Examples:



EQUITY & INCLUSION

Demonstrate the awareness, attitude, knowledge, and skills required to equitably engage and include people from different local and global cultures. Engage in anti-racist practices that actively challenge the systems, structures, and policies of racism.

Sample Behaviors

- Solicit and use feedback from multiple cultural perspectives to make inclusive and equity-minded decisions.
- Actively contribute to inclusive and equitable practices that influence individual and systemic change.
- Advocate for inclusion, equitable practices, justice, and empowerment for historically marginalized communities.
- Seek global cross-cultural interactions and experiences that enhance one’s understanding of people from different demographic groups and that leads to personal growth.
- Keep an open mind to diverse ideas and new ways of thinking.
- Identify resources and eliminate barriers resulting from individual and systemic racism, inequities, and biases.
- Demonstrate flexibility by adapting to diverse environments.
- Address systems of privilege that limit opportunities for members of historically marginalized communities.

Rating: on a scale of 1 to 10, with 1 being “never” and 10 being “always,” circle or highlight the number that represents your rating of how well you demonstrate the “Equity & Inclusion” competency.

1 2 3 4 5 6 7 8 9 10

Comments / Examples:

Competencies

CAREER SELF ASSESSMENT



LEADERSHIP

Recognize and capitalize on personal and team strengths to achieve organizational goals.

Sample Behaviors

- Inspire, persuade, and motivate self and others under a shared vision.
- Seek out and leverage diverse resources and feedback from others to inform direction.
- Use innovative thinking to go beyond traditional methods.
- Serve as a role model to others by approaching tasks with confidence and a positive attitude.
- Motivate and inspire others by encouraging them and by building mutual trust.
- Plan, initiate, manage, complete, and evaluate projects.

Rating: on a scale of 1 to 10, with 1 being "never" and 10 being "always," circle or highlight the number that represents your rating of how well you demonstrate the "Leadership" competency.

1 2 3 4 5 6 7 8 9 10

Comments / Examples:



PROFESSIONALISM

Knowing work environments differ greatly, understand and demonstrate effective work habits, and act in the interest of the larger community and workplace.

Sample Behaviors

- Act equitably with integrity and accountability to self, others, and the organization.
- Maintain a positive personal brand in alignment with organization and personal career values.
- Be present and prepared.
- Demonstrate dependability (e.g., report consistently for work or meetings).
- Prioritize and complete tasks to accomplish organizational goals.
- Consistently meet or exceed goals and expectations.
- Have an attention to detail, resulting in few if any errors in their work.
- Show a high level of dedication toward doing a good job.

Rating: on a scale of 1 to 10, with 1 being "never" and 10 being "always," circle or highlight the number that represents your rating of how well you demonstrate the "Professionalism" competency.

1 2 3 4 5 6 7 8 9 10

Comments / Examples:



TEAMWORK

Build and maintain collaborative relationships to work effectively toward common goals, while appreciating diverse viewpoints and shared responsibilities.

Sample Behaviors

- Listen carefully to others, taking time to understand and ask appropriate questions without interrupting.
- Effectively manage conflict, interact with and respect diverse personalities, and meet ambiguity with resilience.
- Be accountable for individual and team responsibilities and deliverables.
- Employ personal strengths, knowledge, and talents to complement those of others.
- Exercise the ability to compromise and be agile.
- Collaborate with others to achieve common goals.
- Build strong, positive working relationships with supervisor and team members/coworkers.

Rating: on a scale of 1 to 10, with 1 being "never" and 10 being "always," circle or highlight the number that represents your rating of how well you demonstrate the "Professionalism" competency.

1 2 3 4 5 6 7 8 9 10

Comments / Examples:



TECHNOLOGY

Understand and leverage technologies ethically to enhance efficiencies, complete tasks, and accomplish goals.

Sample Behaviors

- Navigate change and be open to learning new technologies.
- Use technology to improve efficiency and productivity of their work.
- Identify appropriate technology for completing specific tasks.
- Manage technology to integrate information to support relevant, effective, and timely decision-making.
- Quickly adapt to new or unfamiliar technologies.
- Manipulate information, construct ideas, and use technology to achieve strategic goals.

Rating: on a scale of 1 to 10, with 1 being "never" and 10 being "always," circle or highlight the number that represents your rating of how well you demonstrate the "Professionalism" competency.

1 2 3 4 5 6 7 8 9 10

Comments / Examples:
